PSYRES PSYCHEDELIC RESEARCH FOUNDATION

*PSYRES

"Not out of agreement, but out of doubt, progress is born."

— Jan Amos Komenský



Dear friends & colleagues,

The PSYRES foundation was created in an effort to secure financial support for Czech scientific research projects which focus on innovative treatments of mental illnesses.

Psychedelic substances have been known to humans for thousands of years. To this day, they are being used ritually for spiritual, medical, or ceremonial purposes. As early as in the first half of the 20th century scientists and doctors became aware of the fascinating effects psychedelics have on a person's psyche. Moreover, they found out that they can be utilised as a useful tool for treating mental illnesses.

For many decades, the scientific research of psychedelics was practically stopped and promising progress in scientific research of the psychotherapeutic use of these substances was held off by the implementation of international legislation which made these consciousness-altering substances illegal with little prior detailed analysis.

Currently, we are experiencing a world-wide renaissance of interest in psychedelic research as scientific studies have shown their overwhelming therapeutic potential. However, to confirm this hopeful promise, more scientific analysis and clinical studies must be done. Yet, these studies and analyses are usually quite financially demanding. That is why we need your help.

Our aim is to support domestic scientists who are among the world leaders in this field, following the long tradition of successful research on psychedelic substances in our country.

At the same time, we have a unique opportunity to ensure, through our fund, the implementation of research into new treatment approaches that are proving effective even in patients who are resistant to other forms of treatment. Psychedelic-assisted psychotherapy is thus the last hope for many of them. We see great sense in finding new, effective ways in mental health care. In this sense, we seek changes based on relevant and defensible scientific evidence.

We very much want psychedelic-assisted psychotherapy to be recognised as a standard treatment in the foreseeable future and we hope that, with your support, we will be able to achieve this goal in the years to come. Thank you for your support. Together we can push the boundaries of psychedelic research for the benefit of society as a whole.

Mgr.Vladěna Sobasova, CEO



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WHO ARE WE, AND WHAT ARE WE TRYING TO ACCOMPLISH?

Our goal is to secure financial support for making progress in the promising research of psychedelic substances. We are convinced that medical use of psychedelics can bring an essential change to the way we treat mental illnesses. Even today, through the realisation of these projects, it's possible to undergo psychedelic-assisted psychotherapy within the studies.

We work with doctors, therapists, and researchers who dive deep into the potentials of altering one's consciousness. Our activity helps to prepare and execute clinical studies. Our aid facilitates the provision of necessary equipment, and it provides internships and educational events.

We collaborate with important Czech and foreign institutions, philanthropists, as well as people in the community who show support for the research at hand. We are looking for sympathisers of psychedelic subjects, science buffs, or philanthropists who are keen on progressing the methods of mental illness' treatment.



WE SUPPORT THE WORLDLY-RENOWNED CZECH SCIENTISTS

The Czech psychedelic research follows up on the well-documented works of our experts. J. E. Purkyně experimented with nutmeg and deadly nightshade as early as in the 19th century. Prior to the 2nd World War, Dr Svetozar Nevole published his study about mescaline and its effect on person's mental activity. Dr Jiří Roubíček and the research group of Dr Miloš Vojtěchovský later studied psychoactive substances, focusing on their psychotherapeutic use. Moreover, the worldly-renowned expert representing the medical utilisation of altering the state of consciousness, is the Czech-born American psychiatrist Dr. Stanislav Grof.

The progress was stopped for some time, however, after psychedelics were added to the list of substances with no medical use. The restoration of the study of psychedelic substances happened thanks to activities of Prof. Jiří Horáček and later Dr. Tomáš Páleníček, the founders of the PSYRES foundation, who have dedicated an immense amount of time and energy to the research of psychedelics' potential. Their vision is the reclassification of these substances to allow their use in treatment of a wide range of mental illnesses.

The results of this scientific work - with a large part financed by our foundation, might make this medical treatment method available to millions of people suffering from challenging forms of depression. Furthermore, it can be of good use for patients in palliative care (diagnosed with a terminal illness).

"The recent results of the psychedelic-assisted psychotherapy studies, focusing on its effects on patients in a progressed phase of oncological illnesses, are so promising that the Health Canada institution has approved therapeutic use of psilocybin on selected patients in palliative care since 2020."

- Prof. MUDr. Jiří Horáček, Ph.D., FCMA

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WHO REVIEWS THE EXPERTISE, RELEVANCY, AND QUALITY OF THE PROJECTS WE SUPPORT?

Every project is approved by the Ethics committee. If it is required, clinical studies receive authorization from the State Institute for Drug Control (SÚKL). The quality of projects is monitored and reviewed by the foundation's International Scientific Advisory Board.

WHAT ARE PSYCHEDELICS?

Psychedelics are natural or man-made substances which extend one's consciousness, lead to self-discovery, and open new ways of looking at reality. In the hands of experts, they become a useful tool for navigating through mental states and disorders of patients.

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HOW DOES PSYCHEDELIC-ASSISTED PSYCHOTHERAPY DIFFER FROM ANTIDEPRESSANTS?

When a person suffers from depression, their doctor prescribes them one of many types of antidepressants. Then it is necessary to wait for four to six weeks to find out whether the drug is suitable for the patient. The depression usually doesn't ease off during this period, and the patient has to wait for months before any improvement of their condition. Moreover, the first prescribed antidepressant might not work. This leads to changing the drug, and the waiting continues. While depression is synonymous with overwhelming suffering of the patient, the delayed effect of the antidepressant can become a problem. Time plays a huge role in these situations, as the patient might attempt suicide before their prescribed medicine starts to work.

On the contrary, psychedelics like psilocybin or ketamine work on 50 to 70 % forms of depression in the way that it subsides immediately after infusion – the day of, or the day after. Furthermore, psychedelics help finding and solving the nature of the disorder, not only the symptoms. Although their strong effect subsides after a week, it is still a long enough time of relief for the patient and a precedent for changes in targeted psychotherapy to prolong the effects. It is a promising method of treatment which has the potential to help the more than 300,000,000 people suffering from depression world-wide. Psychedelics are rapid and effective.





WHO ARE THE FOUNDERS OF PSYRES?





THE PSYRES BOARD OF DIRECTORS

Ing. VÁCLAV DEJČMAR

Economist, philanthropist, and investor. He invests in private equity projects of the RSJ company and co-owns the Dox Prague, Centre of Contemporary Art. He is an occasional film producer – he has worked on films like I am Fishead, which focuses on the role of psychopaths in business and politics, and the documentary Bufo Alvarius – The Underground Secret, about the strongest known natural psychedelic. He takes interest in disruptive thoughts, and he is convinced that the psychedelic renaissance has an essential society-wide significance.

"Psychedelics have been used since ancient times in many different cultures for treatment of physical and mental ailments. If you wish to widen your perspective and release your creativity, they are an effective tool of self-discovery. I wish that our society re-establishes its pragmatic relationship with these substances and utilises them in therapy."



Ing. ONDŘEJ FRYC

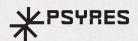
Lifelong adventurer and businessman. He has travelled the world with a backpack and founded many companies (the most famous one being Mall.tv). Through his Reflex Capital investment fund, he invests in promising Czech projects and businesses. Together with his wife Tereza, they are raising three children and support many non-profit charitable activities.

"Mental health problems and depression are a growing worldwide problem. For decades, it's been just narrowed down to suppressing symptoms. I believe that there is a huge therapeutic potential in psychedelics, not only for the treatment of depression. In my opinion, it's crucial to support studies of these substances, so in the future, they can be used safely for our benefit."

YEMIAD

Multidisciplinary creator, founder and the CEO of JAD Production company. Dancer, choreographer, producer and actor, one of the most popular creators in his field. He has collaborated with the likes of Kanye West and he has developed a wide list of clients. He produces his own projects and brands.

"I think we're on a long delay with the legalisation of new methods that can bring progress for people's mental health. I'm happy that Czechia, thanks to the PSYRES foundation, can be characterised as a progressive country that doesn't see the use of psychedelics black and white and that it seeks out a deeper understanding of the potential benefits, as well as finding out what the traditional Western medicine lacks. The main difference from the Western medicine, in my opinion, is the focus on the root of the problem, rather than the symptoms."



THE PSYRES MANAGEMENT TEAM

Mgr. VLADĚNA SOBASOVÁ

CEO, addiction specialist

Addictologist and coordinator of the research projects in the National Institute of Mental Health (NIMH), In the past, she was an employee of the Secretariat of the Government Council for Drug Policy Coordination where she took part in organising national conferences with addiction themes. Since 2016, she has been a part of the local team of organisers of the European Conference on Mental Health (ECMH).

"I see PSYRES as a tool which breaks the boundaries of standard, sometimes out-dated, clinical methods (not only) in psychiatry. That way, it enriches the whole society. Psychedelic-assisted psychotherapy helps patients get through their defence systems and dive deep into their pains in a controlled setting. I'm honoured to be a part of such a meaningful activity and to be participating in efforts to improve mental health globally."



Mgr. EVA CÉSAROVÁ PR and Media

Student of the Addictology Ph.D. programme at Faculty of Philosophy, Charles University. There, among other things, she specializes in ritual use of psychedelics in the context of Czechia. Co-founder of CZEPS (Czech Psychedelic Society), organiser of events with psychedelic themes, media representative of psychedelic research at the National Institute of Mental Health (MINH), and a student of addictology at the First Medical Faculty, Charles University in Prague.

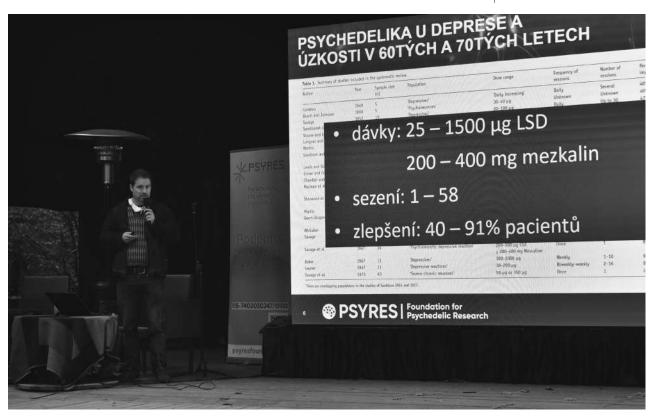
"The ability of psychedelics to change perspective and to show the root of a problem is very valuable, in my opinion, especially in this day and age. When I fully fell in love with the topic of psychedelics seven years ago, I was honestly fascinated by the potential. I had no idea that my work and academic activities in the field would fill me with such an unprecedented feeling of meaningfulness. Psychedelics and the form of therapy they offer, in my opinion, bring hope of cured patients, more wilful fellow citizens and more creative solutions for current social problems."



In the past, PSYRES had supported and co-organized many educational events with the participation of world renowned experts; for example, the "Science Meets Tradition" International Forum. Lectures dealing with news in scientific research like "Psychedelics in Palliative Care", or "Neuron Expedition" presenting studies of ayahuasca utilised in the traditional setting of the Amazonian jungle, or the conference with an aim to present the Czech psychedelic research - the Czech Psychedelic Republic.

CZECH PSYCHEDELIC REPUBLIC

The one-day fundraising event, organized in cooperation with the Czech Psychedelic Society, aimed to present current research projects and their financial support to the general public and a benefit auction of works by Czech artists. The proceeds amounted to approximately 100 000 CZK.



MUDr. Tomáš Páleníček, PhD, presents current scientific knowledge regarding the use of psychedelics, specifically psilocybin, in the treatment of mental illnesses. At the event, for the first time, he also presented a currently ongoing project that helps people with depression through psychedelics.



EXPEDITION NEURON PUBLIC DISCUSSION

The discussion of the participants of the Neuron Expedition, which took place in the premises of Studio Alta, was a great success. Visitors learned information about the whole project, heard stories from the past technical expedition and got curious questions from the audience.



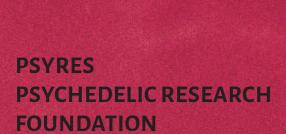
PSYCHEDELICS IN THE PALIATIVE CARE

Prof. Jiří Horáček filled the premises of Studio Alta with his lecture, where he illuminated the potential of psilocybin -assisted psychotherapy for patients with terminal diagnosis.



SCIENCE MEETS TRADITION 2018

The meeting, which filled the large lecture hall of the Faculty of Arts of Charles University, presented the research plan of the Neuron Expedition, which links the traditional use of psychedelics with the scientific one. Alongside M.D. Tomáš Páleníček, the event was attended by the president of the Huni tribe of Brazil, Kuin Ninawa and his wife, the writer Jeremy Narby and the Brazilian scientist Eduardo Schenberg.



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